

# PROMOTES BALANCE OF INTESTINAL FLORA AND REGULAR INTESTINAL TRANSIT





- Gluten free
- Naturally lactose free
- Without added flavourings

## PRODUCT CLASSIFICATION: Food supplement

#### **ACTIVE INGREDIENTS:**

- ♦ Inulin 2000 mg
- Psyllium 2000 mg
- ♦ Concentrated Plum juice 200 mg

**INDICATIONS:** to regulate intestinal transit and bacterial flora.

**HOW TO USE:** 1 or 2 sachets per day. Pour the contents of one sachet into a large glass of water, mix well and consume immediately after preparation.

FORMAT: 20 sachets inserted in a fold box with a leaflet.

#### **INULIN**

It is a dietary fiber derived from chicory which is not metabolized by the body and therefore does not provide calories.

Thanks to its composition, it acts as a prebiotic and promotes the rebalancing of the bacterial flora by optimally regulating the functions of the intestine.

### **PSYLLIUM**

The seeds of this plant are indicated for the treatment of constipation and slow intestinal transit because they have a mucilaginous coating capable of absorbing large amounts of water and swelling. Therefore, it promotes the regularity of intestinal transit by ensuring normal stool consistency and volume and exerting a prebiotic and soothing emollient effect on the digestive system.

#### **CONCENTRATED PLUM JUICE**

Plum juice is a natural laxative that helps regulate intestinal transit. Its action is due to the fact that plums are fruits rich in fiber, but also in sorbitol, a sugar which is not absorbed by our body and which, by osmosis, attracts water into the intestinal lumen.

